

THE ARCHITECTURE OF BEAUTY TODAY

The Elegant Evolution of Facial Rejuvenation

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71 year old female 6 weeks following MyEllevate Plus

There comes a moment when beauty is no longer a matter of surface, but of structure. A moment when a woman looks at her reflection and understands—instinctively—that what has shifted is not who she is, but how time has subtly altered the framework that once held her features in perfect balance.

She studies the line of her jaw, the slope of her neck, the contours that once felt effortless. In the quiet privacy of the mirror, she lifts the skin at either side of her face, guiding it upward with practiced ease. For a fleeting instant, proportion returns. Not youth exactly—but harmony. A reminder of what still exists beneath the surface.

With that rec

ognition comes a more discerning question: what approach honors this moment—realistically, intelligently, and without excess?

She is not yet inclined toward surgery—the commitment it requires, the anesthesia, the expense, the extended recovery that interrupts a life already in motion. Nor is she drawn to temporary measures. The promise of fillers, however effective, maintained through routine, begins to feel less like empowerment and more like obligation. What she seeks instead is something considered: an approach guided by structure, intention, and restraint.

This is where modern rejuvenation begins—not with excess, but with architecture.

For women drawn to this philosophy, the conversation inevitably leads to Dr. Bryan Forley.

Known for his measured sensibility and highly individualized approach, Dr. Forley has built a reputation rooted in balance and discretion. His work spans facial and body rejuvenation, each procedure guided by the same philosophy: results should never announce themselves. They should simply feel right.

What distinguishes his approach is restraint. Rather than altering features, he restores their underlying support—preserving what is essential while refining what time has gently softened. In his hands, rejuvenation becomes architectural: thoughtful, precise, and enduring.

It is within this framework that MY ELLEVATE and MY ELLEVATE PLUS take form.

Rather than relying on skin removal or volumization, MY ELLEVATE offers a refined, minimally invasive approach to lifting and supporting the jawline and neck—areas where definition most often softens with time. Working beneath the surface, the procedure re-establishes structure at its origin, restoring contour with quiet precision.

Typically performed in-office under local anesthesia, permanent sutures are placed strategically within deep tissue using an ICLED light-guided suture system. This creates a lattice of interconnected support beneath the skin and muscle, delivering an immediate yet subtle lift. Sutures are inserted through a small access point behind the ear, tightening and elevating the jawline and neck without excising skin or exaggerating volume.

The intent is balance, not embellishment. The result is understated. The jawline is clarified. The neck regains definition. Facial harmony is restored—not through tension, but through proportion. Patients appear refreshed, composed, and unmistakably themselves.

For those requiring a more comprehensive level of correction, MY ELLEVATE PLUS builds upon this same foundation. A hybrid neck-rejuvenation procedure, it combines the ICLED light-guided suture system with limited skin excision to address more advanced sagging. By removing excess skin while reinforcing the underlying musculature, MY ELLEVATE PLUS offers enhanced contouring while remaining true to the same guiding principles: precision and natural outcome.

In these cases, patients may experience mild bruising or swelling, typically resolving within a week. The recovery remains measured, the results refined.

With both procedures, collagen gradually forms around the internal framework, reinforcing the lift and contributing to longevity. The improvement is immediate, yet evolves gracefully over time.

Dr. Forley has shown patients before-and-after results that are notably striking—yet impressively natural. Ideal candidates are those with mild to moderate laxity or early jowling of the neck and jawline. Minimal to no scarring allows most patients to resume normal activities and return to work within five to seven days.

When appropriate, these procedures may be paired with complementary technologies to further refine contour and enhance overall harmony.

For women like me—drawn to this way of thinking—this approach resonates. It honors beauty not as something to be replaced or overcorrected, but as something to be supported and restored.

This is the new language of rejuvenation. Quiet. Intentional. Architectural. And it begins beneath the surface.

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