

# Modern Aesthetics<sup>®</sup>

## ***BETTER TOGETHER***

Understanding and Embracing the Synergistic Effects  
of Energy-Based Devices and Medical-Grade Skincare



**BRYAN FORLEY, MD**  
Plastic Surgeon, New York City.

“Along with a high SPF, I like to start patients on the DefenAge Clinical Power Trio to use before and after treatments,” says New York City plastic surgeon Bryan Forley, MD. “This system works synergistically to improve tone and texture and to reduce the appearance of dark spots, redness, pores, and fine lines,” he says. “This protocol has been very effective in my practice and our patients respond well to it.”

In his practice, Dr. Forley treats many patients with the Nordlys system, which comprises Ellipse IPL, Frax 1550, Frax 1940, and Nd: YAG 106. “It is a workhorse in my practice due to its versatility.”