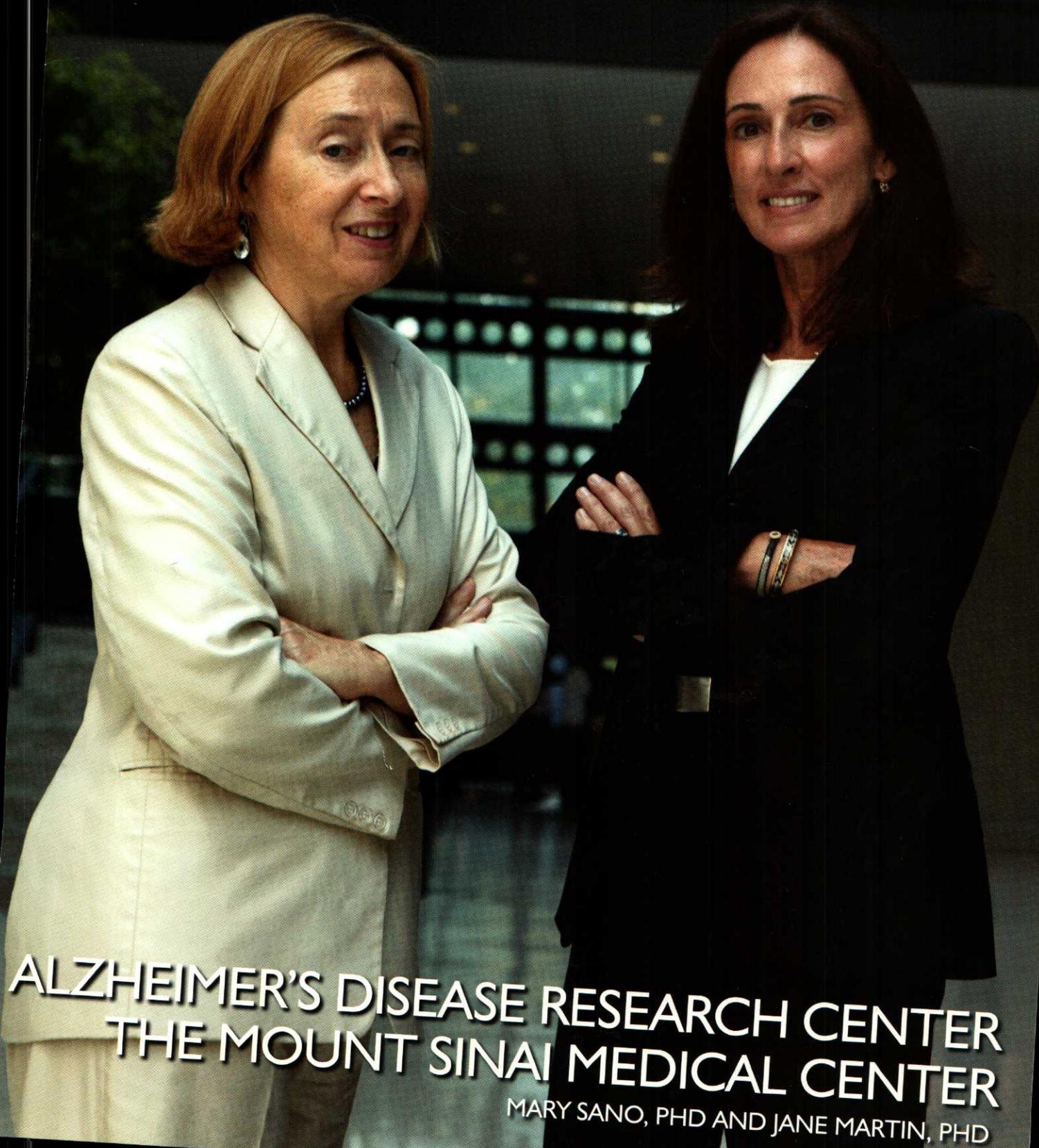


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ALZHEIMER'S DISEASE RESEARCH CENTER
THE MOUNT SINAI MEDICAL CENTER

MARY SANO, PHD AND JANE MARTIN, PHD

Bryan G. Forley, M.D.

A Welcomed Subtle Approach To Plastic Surgery

Step into the architecturally distinguished townhouse that is home to the private practice of board certified plastic surgeon Dr. Bryan G. Forley and you know you are in the realm of a man with a keen aesthetic sensibility. Located just one block away from the Metropolitan Museum of Art, the elegant surroundings and inviting ambience of his office immediately sets patients at ease. The surgeon himself does not disappoint, as Dr. Forley has a calm demeanor and is known as an excellent listener by his patients.

His academic achievements are many. He graduated from Brown University in 1979 with an A.B. in Bio-Medical Ethics and went on to receive his medical degree from the Mount Sinai School of Medicine in 1984. He completed a general surgery residency at New York University Medical Center and the Mount Sinai Medical Center before becoming a Plastic Surgery Research Fellow at Duke University Medical Center. He then completed his residency in plastic surgery at the Saint Francis Memorial Hospital in San Francisco, California. His numerous honors include the highly coveted fellowship in aesthetic surgery with Dr. Bruce F. Connell in Santa Ana, California.

At the forefront of novel techniques, Dr. Forley exemplifies a commitment to a less invasive natural looking surgery. "One of the procedures I enjoy is the MACS-Lift (Minimal Access Cranial Suspension), a short scar facelift developed by a Belgian plastic surgeon. To achieve an un-operated appearance with minimal scars, I use a series of sutures, woven through the deep fibrous layer of the face known as the SMAS, that are tightened to enable volume restoration of the cheeks and improvement of the lower face and neck. Excess skin is removed through



Dr. Forley examines a patient in Micronesia

Bryan G. Forley, M.D.

small, well concealed incisions and the results are a rejuvenated appearance without distortion and with minimal recovery time," he said.

Dr. Forley's newest addition is Ulthera, an innovative technology that uses ultrasound energy to reach the damaged layers deep to the skin that results in sagging of the face and neck. "Ultherapy has added a new dimension to my practice for women and men who are not ready for a surgical lift, but want a visible contour change," said Dr. Forley. "I was skeptical at first but the results are impressive, and patients can return to work without anyone knowing that they had something done." He often combines Ultherapy with the Fraxel restore Dual laser, which uses two wavelengths of energy to improve wrinkles, lighten pigmentation, and diminish scars.

Dr. Forley serves as the Medical Director of the Elizabeth Arden Red Door Spa flagship on Fifth Avenue as well as Garden City, where he specializes in liquid facelifts by combining Juvederm-XC or Restylane-L with BO-

TOX® Cosmetic. Despite his expertise in aesthetics, Dr. Forley also believes in giving back. He is the consummate world traveler and is passionate about helping people around the world. He has volunteered on reconstructive surgical expeditions to Palau, Micronesia, and Peru to help children in need.

Having grown up on Long Island, Dr. Forley is one of three children of a close-knit family. His father founded the popular Forley Jewelers 54 years ago in Lawrence, New York. His brother Glenn is a Harvard-trained architect who teaches and writes about his profession. His sister Diane is a renowned chef and founder, with her husband Michael, of Flourish Baking Co. in Scarsdale. Dr. Forley is also the very proud uncle of Olivia, age nine, and Adam, age six. **M**

By Wendy Lewis

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